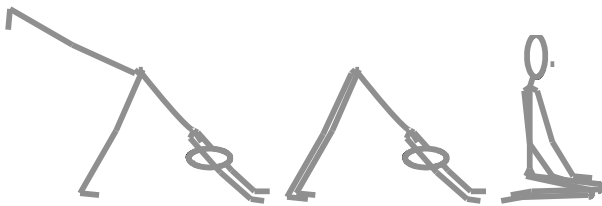
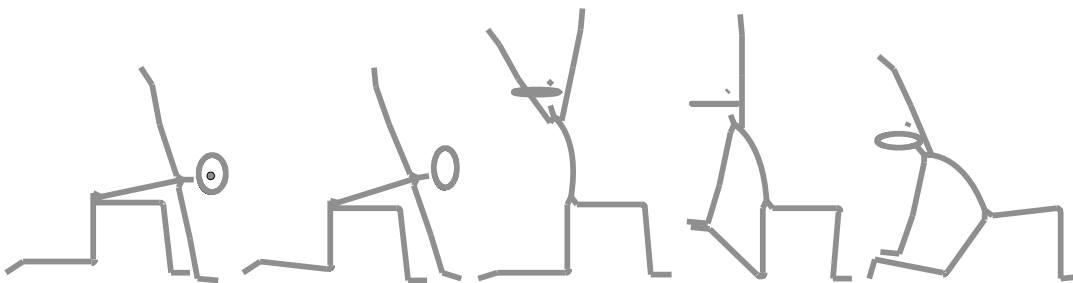
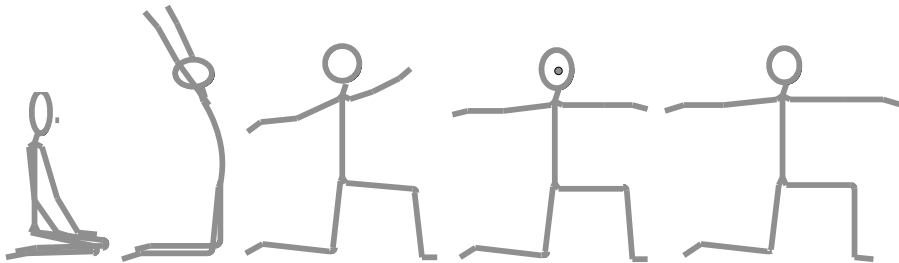


Yoga & Natur

Atem | Meditation | Übung | Leben | Berg & Tal

Mondgruß

nach Ingrid Ramm-Bonwitt



Linke und rechte Seite üben!